

WOCNCB CWCN 2018 DETAILED CONTENT OUTLINE

	<i>Classification</i>	<i>Test Specifications (Items)</i>
Domain I: ASSESSMENT AND CARE PLANNING (35.5% of exam; 39 items)	010000	39
Task 1: Obtain patient health history through interviews, established medical records, and questionnaires to determine the patient's current health and risk status. (9.1%; 10 items)	010100	10
Knowledge of:		
a. Interview processes	010101	
b. Psychosocial factors affecting care (e.g., patient and caregiver ability to learn and perform care, economic implications, education, mental status)	010102	
c. Factors affecting wound healing (e.g., nutrition, comorbidities, medications, age, pain)	010103	
d. Etiologic and causative factors (e.g., circulation, pressure, sensation, moisture, trauma, medical devices, immobility, nutrition)	010104	
e. Basic diagnostic test results (e.g., lab values, imaging studies, vascular studies)	010105	
Skill in:		
f. Identifying and supporting patient and caregiver goals (e.g., preventive, palliative, maintenance, curative)	010106	
g. Evaluating pain by using verbal and nonverbal tools	010107	
h. Utilizing risk assessment tools (e.g., Braden Scale, Braden Q Scale, Norton Plus Scale)	010108	
Task 2: Perform focused assessments to determine current skin and wound status. (10.0%; 11 items)	010200	11
Knowledge of:		
a. Wound characteristics (e.g., tissue type, dimensions, location, exudate, odor, stage, wound edges, color)	010201	
b. Periwound characteristics (e.g., induration, warmth, fluctuance, denudation, maceration, cellulitis)	010202	
c. Phases of wound healing (e.g., hemostasis, inflammation, proliferation, maturation)	010203	
d. Adjunctive modalities for wound cleansing and treatment (e.g., hydrotherapy, biologic therapy, negative-pressure wound therapy, hyperbaric oxygen therapy, ultrasound)	010204	
e. Skin and wound classification systems (e.g., pressure injury stages, medical adhesive-related skin injury [MARS], moisture-associated skin damage [MASD], skin tears)	010205	

f. Wound etiology (e.g., pressure, friction, trauma, surgery, autoimmune disease, malignancy, thermal injury, infection)	010206	
g. Lower extremity assessment (e.g., arterial insufficiency, vasculitis, mixed disease, venous insufficiency, lymphatic disease, neuropathy)	010207	
h. Wound cultures (e.g., aspirate, Levine, punch biopsy)	010208	
i. Dermatological etiology (e.g., contact dermatitis, fungal infection, herpetic lesions)	010209	
Skill in:		
j. Identifying need for diagnostic studies (e.g., biopsy, blood values, imaging, vascular, toe-brachial index [TBI], ankle-brachial index [ABI], duplex scanning)	010210	
Task 3: Develop a patient-centered plan of care by using health history and assessments to establish skin and wound management goals. (8.2%; 9 items)	010300	9
Knowledge of:		
a. Principles of patient-centered care (e.g., psychosocial issues, access to care, cultural beliefs)	010301	
Skill in:		
b. Evaluating the effectiveness of the current treatment plan	010302	
c. Setting patient-focused goals (e.g., preventive, palliative, maintenance, curative)	010303	
d. Interpreting physical assessment results	010304	
Task 4: Evaluate the patient-centered plan of care by using periodic assessments to promote optimal skin and wound management. (8.2%; 9 items)	010400	9
Knowledge of:		
a. Characteristics of healing wounds (e.g., granulation, decreased dimensions, resurfacing)	010401	
b. Characteristics of non-healing wounds (e.g., infection, biofilm, closed edge)	010402	
Skill in:		
c. Interpreting patient responses to interventions	010403	
d. Modifying interventions based on revised patient needs and goals	010404	
Domain II: INTERVENTION AND TREATMENT (40.0% of exam; 44 items)	020000	44
Task 1: Implement prevention measures to promote optimal skin health and prevent injury. (13.6%; 15 items)	020100	15

Knowledge of:		
a. Preventive measures based on risk assessment (e.g., moisture management, pressure redistribution, offloading, friction and shear management, nutrition)	020101	
b. Risk assessment tools (e.g., Braden Scale, Braden Q Scale, Norton Plus Scale)	020102	
Skill in:		
c. Utilizing appropriate skin care products	020103	
d. Selecting support surfaces	020104	
Task 2: Recommend and/or provide appropriate interventions to promote optimal wound management. (14.5%; 16 items)	020200	16
Knowledge of:		
a. Wound bed preparation (e.g., debridement, infection management, moisture management, wound edge optimization)	020201	
b. Principles of wound care (e.g., filling of dead space, moisture balance, periwound skin protection)	020202	
c. Indications and contraindications for compression therapy	020203	
d. Topical therapies (e.g., absorbent dressing, antimicrobials, hydrating dressing)	020204	
e. Factors affecting wound healing (e.g., nutrition, comorbidities, medications, age, pain)	020205	
Skill in:		
f. Implementing interventions to manage wounds (e.g., adjunctive modalities, offloading, protective footwear, callus reduction, total contact casting, hyperbaric oxygen therapy, chemical cauterization)	020206	
g. Applying compression therapy (e.g., dynamic and static compression therapy)	020207	
h. Selecting and applying topical therapies	020208	
Task 3: Recommend and/or perform debridement to promote wound healing. (11.8%; 13 items)	020300	13
Knowledge of:		
a. Types of debridement (e.g., biologic, autolytic, chemical, mechanical, surgical, conservative sharp, excisional)	020301	
b. Indications and contraindications for debridement	020302	
Skill in:		
c. Selecting appropriate debridement modalities	020303	

Domain III: EDUCATION AND REFERRAL (24.5% of exam; 27 items)	030000	27
Task 1: Instruct patients and caregivers by using the individualized skin and wound care plan to prevent complications, maintain optimal skin and wound health, and encourage patient autonomy. (8.2%; 9 items)	030100	9
Knowledge of:		
a. Health literacy	030101	
b. Patient and caregiver goals	030102	
c. Factors supporting wound management (e.g., infection control, lifestyle changes, treatment goals, skin care, nutrition, moisture management, repositioning, tobacco cessation, glycemic control, trauma avoidance)	030103	
d. Transitions of care	030104	
Skill in:		
e. Educating the patient and caregivers on wound care procedures and preventive skin care strategies	030105	
f. Developing plans of care	030106	
Task 2: Instruct other health care clinicians and providers on skin and wound care principles and techniques to promote optimal management and prevent complications. (8.2%; 9 items)	030200	9
Knowledge of:		
a. Factors impeding wound healing (e.g., infection, nonadherence to care plans, edema, malnutrition, excess moisture, immobility, tobacco use, poor glucose control, repetitive trauma, pressure from medical devices)	030201	
b. Patient and caregiver goals	030202	
c. Transitions of care	030203	
Skill in:		
d. Educating health care clinicians and providers on wound care principles, procedures, and preventive skin care strategies	030204	
e. Developing plans of care	030205	
Task 3: Collaborate with other health care professionals and make referrals to support patient-centered care. (8.2%; 9 items)	030300	9
Knowledge of:		
a. Plans of care	030301	
b. Available resources (e.g., support and advocacy, supply access, post-acute care)	030302	
Skill in:		

c. Recommending referrals for other services (e.g., rehabilitation services, nutritionist, diabetic education, podiatry, surgical services, case managers, dermatologist)	030303	