

# Wound, Ostomy and Continence Nursing Certification Board (WOCNCB)

## Detailed Content Outline

### Certified Ostomy Care Nurse (COCN)

<b>Task 1: Assess Factors Affecting Fecal and Urinary Diversion</b>	<b>020100</b>	<b>12</b>
<b>Skill in:</b>		
a. Evaluating pain and psychological adjustment using verbal and nonverbal tools	020101	
b. Performing initial assessment (e.g., history and presentation, comorbidities, cultural diversity, age, medications, psychological issues)	020102	
c. Identifying etiologic factors (e.g., cancer, genetic and physical anomalies, digestive disorders, autoimmune disease, trauma, necrotizing enterocolitis)	020103	
d. Evaluating stoma and peristomal skin (e.g., protrusion, location, mucocutaneous junction, color, os location, pouching surface alterations)	020104	
e. Identifying and supporting patient and family goals (e.g., palliative, curative, temporary, permanent)	020105	
f. Assessing the patients' and caregivers' ability to learn (e.g., preoperative needs, postoperative care, long term management, self-care)	020106	
g. Assessing optimal stoma location to accommodate patient needs (e.g., abdominal contours, clothing choices, pouching options, lifestyle, proposed surgery)	020107	
<b>Task 2: Implement Management Principles of Fecal and Urinary Diversion</b>	<b>020200</b>	<b>12</b>
<b>Skill in:</b>		
a. Recommending optimal stoma location to accommodate patient needs (e.g., stoma site marking)	020201	
b. Implementing interventions based on stoma's appearance (e.g., necrosis, retraction, prolapse, ischemia, separation, strangulation)	020202	
c. Implementing interventions based on peristomal skin alteration (e.g., irritation/dermatitis, infection, herniation, ulceration)	020203	
d. Implementing appropriate pouching system based on individual needs (e.g., abdominal contours, life style, physical limitations, effluent, odor control)	020204	
e. Providing ostomy management to specialty populations (e.g., obstetric, neonatal, pediatric, adolescent, bariatric, geriatric)	020205	
f. Educating patient and caregivers across the life span (e.g., activity, dietary needs, hydration, medications, pouching options, sexual counseling, ongoing support, age specific considerations)	020206	
g. Facilitating appropriate interdisciplinary consultations (e.g., surgical, pain clinic, nutrition, social services, pastoral care, physical therapy, occupational therapy, mental health professional, support groups)	020207	
<b>Task 3: Assess and Manage Colostomy</b>	<b>020300</b>	<b>14</b>
<b>Skill in:</b>		
a. Differentiating the implications of colostomy types	020301	
b. Identifying management plan based on type of colostomy (e.g., irrigation, closed pouch, drainable pouch)	020302	

c. Preparing patient and caregivers regarding reversal of temporary colostomy (e.g., wound care, stooling pattern, diagnostic tests, procedure)	020303	
d. Educating patient and caregivers on management techniques (e.g., irrigation, dietary and fluid modification, pouching techniques, change frequency, skin care, distal segment of bowel)	020304	

<b>Task 4: Assess and Manage Ileostomy</b>	<b>020400</b>	<b>14</b>
<b>Skill in:</b>		
a. Differentiating the implications of ileostomy types (e.g., permanent, temporary, staged procedure)	020401	
b. Identifying management plan based on type/amount of effluent (e.g., drainable pouch, high output, no effluent)	020402	
c. Managing peristomal complications (e.g., pseudoverrucous lesions, chemical dermatitis)	020403	
d. Preparing patient and caregivers regarding reversal of temporary ileostomy (e.g., wound care, stooling pattern, diagnostic tests, procedure)	020404	
e. Educating patient and caregivers on management techniques (e.g., complications, dietary and fluid modification, pouching techniques, change frequency, skin care, distal segment of bowel)	020405	
<b>Task 5: Assess and Manage Ileal Conduit</b>	<b>020500</b>	<b>14</b>
<b>Skill in:</b>		
a. Identifying management plan (e.g., pouching options for day and night, mucous, stents, moisture wicking)	020501	
b. Managing peristomal complications (e.g., pseudoverrucous lesions, encrustations)	020502	
c. Collecting sterile urine specimen from ileal conduit	020503	
d. Educating patient and caregivers on management techniques (e.g., dietary and fluid modification, pouching techniques, change frequency, skin care, signs and symptoms of dehydration, infection)	020504	
<b>Task 6: Assess and Manage Continent Fecal Diversions</b>	<b>020600</b>	<b>10</b>
<b>Skill in:</b>		
a. Differentiating the implications of continent fecal diversion options (e.g., ileal pouch-anal anastomosis (IPAA), Koch pouch)	020601	
b. Identifying management plan (e.g., staged procedure, intubation, mucous discharge, lavage)	020602	
c. Managing complications (e.g., pouchitis, valve failure, obstruction, fistula, increased transit time)	020603	
d. Educating patient and caregivers on management techniques (e.g., dietary and fluid modification, stoma care, intubation schedule, stooling frequency, perianal skin care, signs and symptoms of dehydration, infection)	020604	
<b>Task 7: Assess and Manage Continent Urinary Diversions</b>	<b>020700</b>	<b>11</b>
<b>Skill in:</b>		
a. Differentiating the implications of continent urinary diversion options (e.g., orthotopic neobladder, Indiana pouch)	020701	
b. Identifying management plan (e.g., catheter securement, irrigation, voiding schedule, clean intermittent catheterization)	020702	

c. Managing complications (e.g., pouchitis, valve failure, obstruction, fistula, increased transit time, dehydration, infection, spontaneous rupture)	020703	
d. Educating patient and caregivers on management techniques (e.g., dietary and fluid modification, stoma care, sexual counseling, skin care, pelvic floor muscle exercises, absorbent products)	020704	
<b>Task 8: Assess and Manage Fistulas</b>	<b>020800</b>	<b>12</b>
<b>Skill in:</b>		
a. Differentiating type of fistula (e.g., colovaginal, enterocutaneous, vesicovaginal, acute, chronic)	020801	
b. Identifying etiologic factors of fistula development (e.g., radiation, infection, surgery, compromised patient)	020802	
c. Identifying management plan (e.g., containment devices, pouching techniques, skin care, negative pressure wound therapy)	020803	
d. Educating patient and caregivers on management techniques (e.g., dietary and fluid modification, stoma care, skin care, absorbent product, emotional support)	020804	
<b>Task 9: Assess and Manage Percutaneous Tubes and Drains</b>	<b>020900</b>	<b>11</b>
<b>Skill in:</b>		
a. Differentiating type of percutaneous tubes and drains (e.g., gastrostomy, jejunostomy, nephrostomy, Jackson Pratt, Hemovac, Penrose)	020901	
b. Identifying management plan (e.g., stabilization, patency, skin care)	020902	
c. Managing complications (e.g., dislodgement, hypertrophic tissue, blockage, leakage)	020903	
d. Educating patient and caregivers on management techniques (e.g., irrigation, skin care, stabilization, patency)	020904	