

WOCNCB CCCN 2018 Examination Blueprint

	<i>Classification</i>	<i>Test Specifications</i>
Domain I: ASSESSMENT AND CARE PLANNING (35.5% of exam; 39 items)	010000	39
Task 1: Obtain patient health history through interviews, established medical records, and questionnaires to determine the patient's current health and risk status. (7.3%; 8 items)	010100	8
Knowledge of:		
a. Normal micturition and defecation	010101	
b. Interview processes	010102	
c. Urinary incontinence (e.g., stress, urge, reversible, mixed, reflex, functional)	010103	
d. Causes of voiding dysfunction (e.g., medication, pelvic floor changes, hydration status, intake of irritants, infection)	010104	
e. Causes of bowel dysfunction (e.g., motility disorders, trauma, malignancy)	010105	
f. Psychosocial factors affecting care (e.g., patient and caregiver ability to learn and perform care, economic implications, education, coping skills)	010106	
g. Reversible causes of incontinence (e.g., delirium, infection, stool impaction)	010107	
h. Pediatric voiding and bowel dysfunction (e.g., enuresis, encopresis, congenital anomalies)	010108	
Skill in:		
i. Identifying and supporting patient and caregiver goals	010109	
j. Evaluating ability to provide self-care (e.g., manual dexterity, cognition, mobility, environmental factors)	010110	
Task 2: Perform focused assessments to determine continence status. (7.3%; 8 items)	010200	8
Knowledge of:		
a. Urinary incontinence (e.g., stress, urge, reversible, mixed, reflex, functional)	010201	
b. Bowel dysfunction (e.g., constipation, diarrhea, fecal impaction and incontinence, motility disorders)	010202	
c. Etiologies and contributing factors (e.g., diet, fluid intake, obstruction, functional impairment, neurological factors, retention)	010203	
d. Moisture-associated skin damage (MASD) (e.g., incontinence-associated dermatitis [IAD], intertriginous dermatitis [ITD])	010204	

Skill in:		
e. Interpreting voiding/bowel diaries	010205	
f. Interpreting diagnostic test results (e.g., urodynamics, postvoid residual, anorectal manometry and defecography)	010206	
g. Conducting physical assessments (e.g., digital exam, sensory awareness, pelvic exam)	010207	
h. Identifying continence complications (e.g., fungal skin infection, MASD, urinary tract infection)	010208	
Task 3: Develop a patient-centered plan of care by using health history and assessments to establish goals for the management of voiding and bowel dysfunction. (6.4%; 7 items)	010300	7
Knowledge of:		
a. Principles of patient-centered care (e.g., psychosocial issues, access to care and supplies, cultural beliefs)	010301	
b. Management techniques (e.g., continence devices, fluid management, digital stimulation, biofeedback, medication)	010302	
Skill in:		
c. Evaluating the effectiveness of the current treatment plan	010303	
d. Setting patient-focused goals	010304	
Task 4: Evaluate the patient-centered plan of care by using periodic assessments to promote continence and prevention of complications. (8.2%; 9 items)	010400	9
Knowledge of:		
a. Containment modalities (e.g., absorbent pads, fecal diversion systems, urethral inserts)	010401	
b. Skin health and protection (e.g., skin barriers, cleansers)	010402	
c. Medication management	010403	
d. Dietary management (e.g., foods that affect motility, absorption, and bulking)	010404	
e. Catheter management (e.g., external, indwelling, straight)	010405	
Skill in:		
f. Interpreting patient responses to interventions	010406	
g. Modifying interventions based on revised patient needs and goals	010407	
h. Interpreting lab values and diagnostic test results	010408	
Task 5: Assess health-related quality of life of patients with continence issues. (6.4%; 7 items)	010500	7

Knowledge of:		
a. Coping mechanisms	010501	
b. Changes in body image	010502	
c. Intimacy issues	010503	
d. Available health care resources (e.g., support and advocacy, supply access, post-acute care)	010504	
Skill in:		
e. Engaging in active listening	010505	
f. Assessing verbal and nonverbal cues	010506	
Domain II: INTERVENTION AND TREATMENT (37.3% of exam; 41 items)	020000	41
Task 1: Recommend and provide interventions to manage voiding dysfunction and urinary incontinence. (19.1%; 21 items)	020100	21
Knowledge of:		
a. Urinary incontinence (e.g., stress, urge, reversible, mixed, reflex, functional)	020101	
b. Causative factors (e.g., urethral hypermobility, obstruction, bladder irritants, infection)	020102	
c. Device management (e.g., catheters, pessary)	020103	
d. Containment strategies (e.g., absorptive products)	020104	
e. Behavioral strategies (e.g., biofeedback, bladder training, pelvic floor muscle exercise)	020105	
f. Medications	020106	
g. Surgical interventions (e.g., bladder sling, diversion)	020107	
h. Skin care (e.g., cleansers, skin barriers)	020108	
Skill in:		
i. Teaching intermittent catheterization	020109	
j. Applying containment devices	020110	
k. Treating continence complications (e.g., fungal skin infection, MASD)	020111	
Task 2: Recommend and provide interventions to manage bowel dysfunction and fecal incontinence. (18.2%; 20 items)	020200	20
Knowledge of:		
a. Bowel dysfunction (e.g., constipation, diarrhea, fecal impaction and incontinence, motility disorders)	020201	
b. Causative factors (e.g., dietary fluid, obstruction, muscle damage, neurogenic factors)	020202	
c. Device management (e.g., indwelling fecal diversion system)	020203	

d. Containment strategies (e.g., absorptive products, rectal pouch)	020204	
e. Behavioral strategies (e.g., biofeedback, bowel training, pelvic floor muscle exercise)	020205	
f. Medications	020206	
g. Surgical interventions (e.g., sphincter repair, fecal diversion)	020207	
h. Skin care (e.g., cleansers, skin barriers)	020208	
i. Dietary management (e.g., foods that affect motility, absorption, bulking, and flatulence)	020209	
Skill in:		
j. Selecting interventions for dysfunction	020210	
k. Treating continence complications (e.g., fungal skin infection, MASD)	020211	
Domain III: EDUCATION AND REFERRAL (27.3% of exam; 30 items)	030000	30
Task 1: Instruct patients and caregivers on strategies that promote optimal management and prevent complications. (10.0%; 11 items)	030100	11
Knowledge of:		
a. Health literacy	030101	
b. Patient and caregiver goals (e.g., self-care, activity)	030102	
c. Supply and information resources	030103	
Skill in:		
d. Educating the patient and caregivers on voiding and fecal dysfunction management (e.g., emptying maneuvers, bowel and bladder training, skin care, diet modification, management techniques, tobacco cessation)	030104	
e. Developing plans of care	030105	
Task 2: Instruct other health care clinicians and providers on care principles and techniques to promote optimal management and prevent complications. (9.1%; 10 items)	030200	10
Knowledge of:		
a. Patient and caregiver goals (e.g., self-care, activity)	030201	
b. Supply and information resources	030202	
c. Reversible causes of incontinence (e.g., delirium, infection, stool impaction)	030203	
Skill in:		
d. Educating the patient and caregivers on voiding and fecal dysfunction management (e.g., emptying maneuvers,	030204	

bowel and bladder training, skin care, diet modification, management techniques, tobacco cessation)		
e. Developing plans of care	030205	
Task 3: Collaborate with other health care professionals and make referrals to support patient-centered care. (8.2%; 9 items)	030300	9
Knowledge of:		
a. Plans of care	030301	
b. Available resources (e.g., support and advocacy, supply access, post-acute care)	030302	
Skill in:		
c. Recommending referrals for other services (e.g., rehabilitation services, nutritionist, mental health professional, urology provider, gastrointestinal provider)	030303	